

Healing & Integration / 🤝 **Integration Team**

✨ **Purpose**

The Integration Team supports festival participants in processing and integrating their experiences, particularly related to personal growth, spiritual journeys, and transformative experiences. This team provides tools and guidance for emotional, mental, and spiritual integration to promote lasting healing, while maintaining a soothing and calm energy in the integration spaces.

🔧 **Tasks & Responsibilities**

- Facilitate integration circles and/or one-on-one support
- Offer guidance and tools for integrating insights gained during the healing session
- Create safe spaces for individuals to share and process their experiences
- Communicate with the Healers to share ideas for optimal support to attendees

🕒 **Time Commitment**

- Setup upon arrival - after setting up your own campsite (Friday)
- Healing FoRest Crew Meeting (Friday)
- Festival shifts: Throughout the festival duration
- Some pre-festival planning and coordination may be required
- Flexibility in shift times, with a focus on post-experience support